

The Options Process

During January and February, you will need to make important choices about the subjects you will study in years 10 and 11 so you can hand in your final options form in March.

This booklet helps with the thinking you will need to do if you are going to make sensible, informed choices.

You will work through this booklet at home during registration time starting on Thursday 8th February. Each day you will have different activities to complete that will help you to reflect on your areas of strength and interests. On Wednesday 14th February, you will have options hour, which will give you the chance to speak to students currently studying the courses available. This will be a great chance to ask what the courses are really like and hopefully support you in making a more informed choice. On Thursday 15th February we will have Options Evening in which you and your parents will be able to come into school and talk to members of staff about the options you are thinking about.

Your choices form will need to be returned no later than **Friday 8th March**. An electronic form will be shared with you to complete closer to the time once you have had your options interview with a member of the Senior Team. Make sure you use the time between now and then to think very carefully about what might be the best courses for you.

This booklet will start you on this process.

After the deadline date of

Friday 8th March,

you will not be able to change your mind.

It is important for you to realise that it may not be possible for you to do all of the subjects that you choose.

ACTIVITY 1: Thursday 8th February

Where am I now?

Before you decide what you want to do, it is useful to find out where you are now. Start with a review of your schoolwork by filling in the tables below from your latest Progress Check report.

Start to get a clear picture in your mind of which subjects you are best at.

What grades does my Progress Check say I will get in these subjects?

	Predicted Grade	On course to meet target?	Effort	Would this be a suitable subject for me to study in Year 10 and 11?
Art				
DT				
Drama				
English				Everyone studies this subject
Geography				
History				
ICT				
Languages				
Maths				Everyone studies this subject
Music				
PE				
RE				Everyone studies this subject
Science				Everyone studies this subject

What realistic targets can you set yourself?

	GCSE Grade								
	1	2	3	4	5	6	7	8	9
English Language									
English Literature									
Maths									
RE									
Science									
French/German									
History									
Geography									
Computer Science									
									

ACTIVITY 2: Friday 9th February

Which subjects will suit me most?

This task asks you to reflect on yourself a little bit more and the strengths that you have as a learner. Some students might enjoy practical activities more, so subjects like PE or Drama might be better for them. Others might enjoy more creative activities, so subjects like Art or Design Technology might be a sensible choice.

Look at the questions below:

Questions to consider	What about me?
Do you like practical subjects?	
Are you creative?	
Are you good at revising for written	
exams or prefer more coursework	
based subjects?	
Are you academic? Do you think	
learning a foreign language would	
be useful to you?	
Do you enjoy science? Are you	
achieving 6+ in Science and Maths	
and would like to do science more than once each day?	
Which subjects do you like most?	

ACTIVITY 3: Monday 12th February

What does and what does not matter most when I make my choices?

Look at the list below and read through the reasons for choosing a subject.

Rank order them. Put 1 by the reason which you think is the most important for you to consider when choosing a subject. Put 2 by the next most important, and so on, down to 8 by the least important reason.

Don't forget to give a reason why each one is important or not.

Reason	Rank Order	Why is it important/not important?
I like the subject		
l need it for my career		
I'm likely to get a good grade		
My friend is doing it		
It suits my learning style		
I like the teacher		
I think it looks interesting		
My teacher thinks I should do it		

ACTIVITY 4: Tuesday 13th February

When you are making your mind up, do not be influenced by the things that <u>do</u> <u>not</u> matter and <u>do not</u> ignore the things that <u>do</u> matter.

Preparation for Options Hour

Tomorrow you will have a chance to speak to students and staff about the courses available to you to choose for your GCSE's.

It will be really important for you to go and talk to as many different people in your 15-minute slot as possible. You may have some ideas of subjects you would like to talk to more than others, but it will be important for you to go to as many as possible so you get a good idea of everything available to

you.

Use your time today to think about some questions you might like to ask staff and students about the courses.

Questions to ask students:	
Questions to ask staff:	

Subjects or Courses that you are particularly interested in:

ACTIVITY 5: Wednesday 14^h February and beyond Interview Preparation

Justification Sheet

In the five boxes below, you are going to explain why you have chosen your options in the order that you have. It is important that you give as much information as is possible as, during your interview with a member of the senior leadership team, you will be expected to discuss these reasons in detail.

EBacc	Why would you like to study this course?
Subject Choice:	
Free Option 1:	Why would you like to study this course?
Free Option 2:	Why would you like to study this course?
Free Option 3:	Why would you like to study this course?
Free Option 4:	Why would you like to study this course?

Checklist:

Tick off each of these tasks once they are completed.

Task	Completed?
Listened to Assembly 1 on Options	
Completed the Which Way Now Booklet	
Studied the Curriculum Booklet	
Listened to Assembly 2 on Options and Careers	
Attended Options Hour	
Done my research and prepared for interview	
Asked my parents for advice	
Completed and returned electronic options form	

	_			-				
****		Soar Valley	/					
Year 9 Options Choices 2024								
	Use th	is form to keep a record of y	/our c	hoices.				
Name	Name Tutor Group							
	/	Progress Check 2 Grade	s					
English		Science		History				
Maths		French/German		Geography				
Separate Sciences: Please tick this box if you wish to study Separate Sciences. You must meet the criteria on Page 7. EBacc Subject Choice: You must choose ONE of these subjects. Please tick one EBacc option that you wish to study. You may select other EBacc subjects in the Open								
Option section if you wish	n to study	-						
French		Geography		Computer Science				
German		History						
Open Option Choices: You must rank FOUR of these subjects. You will be able to study two of the subjects listed below but we cannot guarantee you will be able to study your top two choices. You need to rank order your top FOUR choices. Put a 1, 2, 3 and 4 against the subjects you wish to study. Put the number 1 by the subject you wish to do most, 2 by the next, etc.								
Art—Fine Art		Drama		ICT				
Art—Graphics		Food Prep & Nutrition		Media Production				
Art—Photography		French		Music	++			
Citizenship		Geography		Physical Education				
Computer Science		German						
Design Technology		History]				
Remember, you must be prepared to do any of the four that you choose.								

The final copy of this form must be returned no later than Friday 8th March

ASPIRE ENJOY ACHIEVE